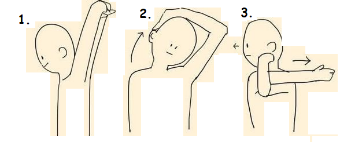
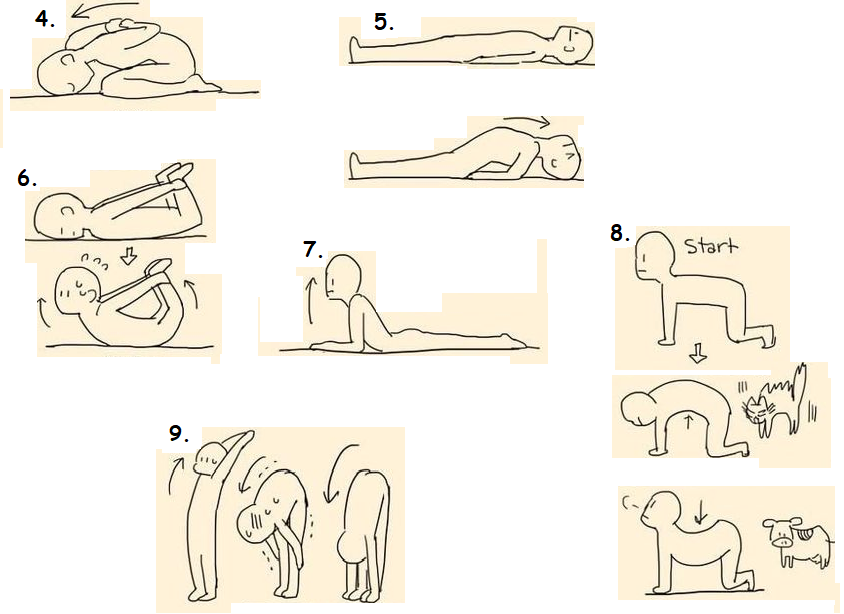
Predmet: **Tjelesna i zdravstvena kultura**

**Nastavna tema:** vježbe istezanja





**10. Relaksacija- otresi ruke i noge te duboko udahni 10x.**