**SREDSTVA ZA OSOBNU HIGIJENU**

**[](https://www.google.hr/url?sa=i&url=https%3A%2F%2Fslobodnadalmacija.hr%2Fmozaik%2Fviral%2Fevo-zasto-ih-nije-dosta-proprati-fotografije-prljavih-ruku-obisle-svijet-korisnici-mreza-ostali-u-soku-kad-su-vidjeli-tocno-kako-sapun-djeluje-1009906&psig=AOvVaw1MursGGj7Q95jiPq4LwSuI&ust=1603657237685000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCPDJzISHzuwCFQAAAAAdAAAAABAJ)**

**Za pranje ruku trebamo…**

**[](https://www.google.hr/url?sa=i&url=https%3A%2F%2Fbazzar.hr%2Fp%2FEEX3Z22-titania-drveni-cesalj-za-cesljanje-18-cm&psig=AOvVaw36pLKdbOALRNf5oWnNsDDi&ust=1603657404454000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMj2ocuHzuwCFQAAAAAdAAAAABAD) [](https://www.google.hr/url?sa=i&url=https%3A%2F%2Fwww.konzum.hr%2Fweb%2Fproducts%2Folea-tekuci-sapun-rose-yoghurt-500-ml&psig=AOvVaw2_XhkPATIEhabkIqt7E5G2&ust=1603657479014000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCNi-uO6HzuwCFQAAAAAdAAAAABAD) [](https://www.google.hr/url?sa=i&url=https%3A%2F%2Ffriz.hr%2Fpribor-za-uredivanje-noktiju%2Fgrickalica-za-nokte-velika-2031&psig=AOvVaw2itcAbpORnJMPk27SC7Frl&ust=1603657583890000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCJiszJqIzuwCFQAAAAAdAAAAABAD)**

**ČEŠALJ TEKUĆI SAPUN GRICKALICA**

**[](https://www.google.hr/url?sa=i&url=https%3A%2F%2Fmagazinplus.eu%2Fnajcesce-greske-prilikom-pranja-kose%2F&psig=AOvVaw2cfjIkk0J7lPdA-TWIOQLC&ust=1603657893940000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCJCs3LeJzuwCFQAAAAAdAAAAABAD)**

**Za pranje kose trebamo…..**

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**PASTU ZA ZUBE SUŠILO ZA KOSU ŠAMPON ZA**

**PRANJE KOSE**

**[](https://www.google.hr/url?sa=i&url=https%3A%2F%2Fwww.krenizdravo.hr%2Fzdravlje%2Fzubi%2Fsavjeti-za-pravilno-izbjeljivanje-zubi&psig=AOvVaw0PFJPUJk9MRR-VlTIJmYp1&ust=1603658360281000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCJjlyIyLzuwCFQAAAAAdAAAAABAD)**

**Za pranje zubi trebamo……**

**  **

**ČEŠALJ PASTU ZA ZUBE TEKUĆI SAPUN**

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**Za tuširanje trebamo……..**

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**ČETKICU ZA NOKTE GEL ZA TUŠIRANJE PASTU ZA ZUBE**

**NAKON SVAKOG OVOG PRANJA BRIŠEMO SE ……….**

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**MAJICOM ČARAPOM**

**ILI**

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**RUČNIKOM**

**Upute:**

**-prvo pokažite djetetu sliku aktivnosti osobne higijene i pitajte što vidi na slici,**

**- ako ne može prepoznati aktivnost, pomognite mu,**

**- nakon toga pitajte što treba za pranje, tuširanje…..**

**- pokažite sličice ispod i recite neka vam pokaže što treba,**

**-ako ne može, pročitajte mu nazive ispod sličica, a ono neka pokuša reći točan naziv sredstva za osobnu higijenu za tu aktivnost**